



# Contentment



Contentment — a state of mind in which one's desires are confined to his lot whatever it may be (1 Tim. 6:6; 2 Cor. 9:8). It is opposed to envy (James 3:16), avarice (Heb. 13:5), ambition (Prov. 13:10), anxiety (Matt. 6:25, 34), and repining (1 Cor. 10:10). It arises from the inward disposition, and is the offspring of humility, and of an intelligent consideration of the rectitude and benignity of divine providence (Ps. 96:1, 2; 145), the greatness of the divine promises (2 Pet. 1:4), and our own unworthiness (Gen. 32:10); as well as from the view the gospel opens up to us of rest and peace hereafter (Rom. 5:2).

*Easton, M.G.: Easton's Bible Dictionary. Oak Harbor, WA : Logos Research Systems, Inc., 1996, c1897*

We are all looking to be content. Our daily lives are so filled with the hustle and bustle of living. There never seems to be time to just sit back and relax. We work all week and then we need to take care of the household. Car repairs, house repairs and maintenance. Children to provide for.

The world is always telling us that we need this or that and our lives will be better and easier. It seems as though we strive for bigger better things in our lives. But we still are not content.

Philippians 4:10-13 (NKJV)

*10 But I rejoiced in the Lord greatly that now at last your care for me has flourished again; though you surely did care, but you lacked opportunity. 11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: 12 I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. 13 I can do all things through Christ who strengthens me.*

*The New King James Version. Nashville : Thomas Nelson, 1982*

Paul is such a great example of learning to be content. He understood that God would provide for every need. He understood and was grateful for the help that was given through other believers and knew that they were limited in the help they could provide, but blessed be the name of the Lord Jesus Christ who knows all we need and is provided by Him.



# Contentment



6 Now godliness with contentment is great gain. 7 For we brought nothing into this world, and it is certain we can carry nothing out. 8 And having food and clothing, with these we shall be content. 9 But those who desire to be rich fall into temptation and a snare, and into many foolish and harmful lusts which drown men in destruction and perdition. 10 For the love of money is a root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows.

The New King James Version. Nashville : Thomas Nelson, 1982, S. 1 Ti 6:6-10

12 *The sleep of a laboring man is sweet, Whether he eats little or much; But the abundance of the rich will not permit him to sleep.*

The New King James Version. Nashville : Thomas Nelson, 1982, S. Ec 5:12

Does it not seem that when the day is done and we have done all we could do for the day we can rest. We are satisfied and content. We may not have much in worldly, material things but we have the satisfaction of a job well done. We enter into rest.

On the other hand, when all we want to do is gain the world and all that it has to offer we never enter into rest. We always want more, we are never satisfied. We start to fall into greed which leads into temptation over coming us, because of our desire for more, and we start acting foolishly and when we have a desire for more there is discontent in our lives, dis-satisfaction, we never sleep or rest for our desire for more is strong.



# Contentment



25 *“Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? 26 Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? 27 Which of you by worrying can add one cubit to his stature?*  
28 *“So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; 29 and yet I say to you that even Solomon in all his glory was not arrayed like one of these. 30 Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?*  
31 *“Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. 33 But as seek first the kingdom of God and His righteousness, and all these things shall be added to you. 34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.*

The New King James Version. Nashville : Thomas Nelson, 1982, S. Mt 6:25-34

***5 Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, “I will never leave you nor forsake you.” 6 So we may boldly say:***

***“The Lord is my helper;  
I will not fear.  
What can man do to me?”***

The New King James Version. Nashville : Thomas Nelson, 1982, S. Heb 13:5-6



# Contentment



Trust in our Father in heaven. Have faith and believe every word that He spoke and every promise He has made. He provides for our every need. He even provided a way for our salvation and redemption through His Son, Jesus.

How can we pass up such a great opportunity to be reconciled back to our creator, as was intended from the beginning. He wants to provide for our every need and wants to give us even more than that. He wants to give us the desires of our hearts.

Proverbs 3:5 - 10 (New King James Version Used) sums it up best:

*5 Trust in the Lord with all your heart, And lean not on your own understanding;*

*6 In all your ways acknowledge Him,  
And He shall direct your paths.*

*7 Do not be wise in your own eyes;  
Fear the Lord and depart from evil.*

*8 It will be health to your flesh,  
And strength to your bones.*

*9 Honor the Lord with your possessions,  
And with the firstfruits of all your increase;*

*10 So your barns will be filled with plenty, And your vats will overflow with new wine.*